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CoparentingSecrets.com

CURRICULUM VITAE

EDUCATION

1976	Bachelor of Science in Social Sciences, with honors in Child Development. (San Diego State University)
1977 -present	Standard Elementary Teaching Credential, Kindergarten through Junior High. (San Diego State University)
1991	Master's Degree in Counseling and Educational Leadership (San Diego State University)
1991	Community College Credential, Special Focus - Child Growth and Development, Early Childhood Education.
1993-1994	Chapman College Counseling Program, acquired 15 additional units in family systems theory, family and child counseling.
2001	Ph.D. in Philosophy, with a Major in Philosophy & Psychology-specializing in High Conflict Intervention Strategies. (Pacific Western University, Honolulu, HI)
1979-present	Real Estate License
2003-present	Real Estate Broker's License (Continuing education and Specialization)
2014-present	Mental Toughness Certification with Steve Siebold

PROFESSIONAL EXPERIENCE

December 2023	Launched 4 th Iteration of the high conflict coparenting class for parents at CoparentingSecrets.com. 12 hour prerecorded course for parents.
2010-present	Teaching children empowering life skills, calming down techniques, communication skills and self-esteem when they are struggling with a variety of issues that involve anxiety, depression, school phobia, PTSD, difficulty concentrating, stuck in the middle of family conflicts, involved in the court system, parents are supervised by professionals, separated from parents due to programing, or parental abuse.
May 27, 2022	Interview with Mandy Walker for the Worthy Podcast (Divorce & Other Things You Can Handle) Discussed the differences between Parallel Parenting and Cooperative Coparenting Couples and when high conflict coparents should follow the Parallel Parenting Approach instead of Coparenting Method.

- July 2, 2022 Interview with Mandy Walker for the Worthy Podcast (Divorce & Other Things You Can Handle) Discussed the different types of parenting plans for parents to implement to share children.
- February 2022 Presentation for San Diego Family Bar Association Continuing Education training for Family Law Specialist Attorneys and Family Law Judges on “Dealing with High Conflict Individuals. Recognizing the high conflict parent, what you can do, even if your client isn't the one engaging in these behaviors.”
- Nov 2021 San Diego Family Law Bar Association Continuing Education training for Minor’s Counsel on “Understanding & Working with High Conflict Parents on Behalf of Your Client and Multidisciplinary Experts Assigned to these Cases”
<https://www.youtube.com/watch?v=3DVevfS-oNo>
- 1997- present Founder and parent educator for the *High Conflict Intervention and Coparenting Program*. Teaching conflictual coparents the skills to disengage from the conflict with the other parent and to create closer connections to their children. Classes include positive parenting strategies to stop the fight and focus on the being child-centric, understand the needs of the children, (ages and stages of development), empathy, stringing pearls with their children and developing children that grow up with high emotional intelligence and responsibility mindset. Live on Zoom Tuesday evenings weekly.
- June 2009-present Launched the online version of the live coparenting course. An interactive parent education program, for parents around the world who struggle with conflictual parenting relationships. Parents take a 12-hour or 18-hour course prerecorded videos with multiple choice and essay questions for parents to process and internalize the skills to end conflict. Parents in San Diego County, Nationwide and Hong Kong attend this program. Courses are located at <https://www.doctordeena.com/coparenting-secrets-course> .
- 1995-present Strategic educational consultant and advisor for parents and helping professionals involved with clients in conflictual relationships; parents, grandparents, stepfamilies, judges, family law attorneys, mental health professionals, teachers, mediators and other professionals involved with conflictual family relationships.
- 2009-present Coparenting Educator, FCS and deposition preparation.
- 2010 - 2015 The Big Ask Strategies Meetup and Mastermind- weekly mastermind and coaching with entrepreneurs to coach them to think bigger, ask bigger, aim

bigger, achieve bigger and appreciate bigger. Approximately, 12-20 members participate in the Big Ask Meet ups.

Santee School District Project SAFE

- 1989-1995 Santee School District Administrator/Supervisor for The Project SAFE Program Supervised 10 separate school sites and staff in administrative office. This is the Before and After School Day Care program for Santee School District. Supervised approximately 1000-1200 children daily, (within the 10 school sites). Managed, trained, motivated and hired, 100-130 employees on a daily basis. (Hired and trained over 100 employees in a 6 year period) Supervised and administrated \$1.4 million dollar annual budget. Created training programs, organized and ran staff meetings. Organized field trips for over 400 children during the summer, attended field trips and organized transportation, and fund raisers to offset school budget crisis.
- 1995- present Educational and Marketing Director of Team Works- mediated over 900 divorces, using mediation and conflict resolution strategies.
- 1986-1999 Grossmont Adult School Parent Education teacher, Grossmont Union High School District- Taught parent education classes, infant through adult; taught self-esteem skills, divorce and stepfamily strategies, positive discipline and building healthy relationships and creating positive anticipation.
- 1995-1998 Educational Consultant & Workshop Trainer for Lee Canter and Associates & The Education Company- Consulted & trained school districts nationwide. School districts were located across the western and mid-western part of the United States, Utah, Arizona, Nevada, Illinois, Texas, Washington, California. Trained teachers, classified staff and parents to manage conflict, develop a school-wide safety program, positive discipline strategies, motivating the difficult and unmotivated child and conflict resolution for children.
- 1986 Summit High School Continuing Education Teacher- 6-week program, including skill development for childcare, self-esteem, financial management and project development. Students upon completion were eligible to apply to work at the Santee Project SAFE program. I designed the program and implemented the curriculum during this 6-week period of time.
- 1986-1987 Substitute Teacher- Santee School District Elementary School District. Worked long term and short-term substitute teacher Kindergarten through 8th grade. Several long-term substitute assignments for teachers on maternity leave.
- 1976-1979 Elementary School Teacher Long-Term - Short Term Substitute teaching positions- Ramona School District, Kindergarten through 6th grade.

SPEAKING ENGAGEMENTS

- October 6, 2023 Guest Speaker for the San Diego Paralegal Association(SDPA) Virtual Lunch with Leaders- Topic Grit and Gratitude.
- December 2019 Change it Up Radio Show with Paula Shaw. Guest appearance to discuss strategies for complicated families to get through the holidays without conflict.
- Aug 6, 2018 Change it Up Radio Show with Paula Shaw <https://www.iheart.com/podcast/966-change-it-up-radio-29346688/episode/change-it-up-dr-deena-29675213/>
- Spring 2016 Pomerado Elementary School- Parent Education Series, 3 classes taught to parents on topics of Positive Discipline, Homework without Tears, Self-Esteem for children.
- January 5, 2015 Fox 5 News San Diego- Coparenting Help-Mommy-Daddy Handbook on Managing anger and understanding coparenting that works.
https://www.youtube.com/watch?v=e-Fdh_bjZ7o&t=1s
- July 2014 One-hour presentation to Employee Assistant Professionals Association professionals regarding understanding high conflict strategies for and managing parents in the workplace who are involved in conflictual child custody disputes.
- March 2011 Hong Kong- Trained Social Workers, Family Law Attorneys and Family Law Judges for 4 days on coparenting and conflictual coparenting strategies to help parents end litigious custody battles.
- May 2010 NBC News segment on teaching conflictual coparents and interview.
- June '07-Nov 09 California Alliance of Paralegal Associations- Presented on High Conflict Intervention Strategies for professionals.
- Oct 2009 Keynote speaker for the South Bay Community Center Domestic Violence Awareness Month. Presentation called Pearls and Power. Helping victims of DV recover and heal from DV.
- May 2007 San Diego Law Council for Children- presented on High Conflict Intervention Strategies for professionals and parents.
- January 2006 Family Mediator Committee-Development of High Conflict Intervention Strategies Early Detection of High Conflict Families
- Aug. 2001 Appeared as an expert for Channel 6 Fox News regarding Stepfamily issues.

- June 2001 Kingston Ontario Canada- presented Intervention Strategies for Attorneys in High Conflict Custody Cases- International Society of Family Lawyers conference.
- March 2001 Juvenile Law Section of the San Diego County Bar Association, High Conflict Intervention Presentation.
- February 2001 KPBS: Radio Talk Show Guest: “These Days Show with Tom Fudge”
Divorce and Stepfamily Dynamics. (Strategies for stepfamilies involved in High conflict families.)
- October 1999 Omaha Nebraska-Family Services Association, Six-hour training program to 70 family court mediators, attorneys and counselors. “Understanding the High Conflict Couple, strategies for successful mediation with these couples.”

ADDITIONAL SPEAKING, TRAINING PRESENTATIONS

- 1995-present Guest Speaker for Rotary, Lions, Soroptimists, Chamber events, examples of topics include Senior issues, Managing Toxic People in the Workplace, Reaching Your Goals, and Time and Stress Management.
- 1997-2001 YMCA-Child Care Resource Center; Goodyear Health and Wellness Fair; Nokia Communications; Grossmont Union High School Adult School (Parent University); Head start Preschool Staff Development Training; Pacific Bell, Employee Assistance Program; Western Conference of Association Executives; San Diego State University Annual Student Leadership Conference; Boys and Girls Club, San Diego Regional Conference; Mensa Association; Windover School Conference; California School-Age Consortium-San Francisco; San Diego Association of Women in Sales and Marketing: Topics included stress management, child development issues, leadership, self-esteem, crisis intervention strategies.
- 2013-present Created and facilitates the Personal Development Book Club-Meets monthly to discuss a new book of the month with predeveloped questions for reflection and self-improvement.

PUBLICATIONS

- November 2020 San Diego Woman Magazine Transform This Holiday Season With Your Children Into A Magical Wonderland. Available upon request
- San Diego Woman Magazine Dr. Deena Stacer, The Art of Conflict Resolution, available upon request.
- San Diego Woman Magazine Walking on a Glacier. Available upon request

- Winter 2000-2010 FAMILY LAW UPDATE Family Law Essays, Aspen Law and Business Publications.
 “Strategies for Professionals to End Conflict in the Court Room.” 2000 Family Law Essays, Aspen Law and Business Publications.
- Stacer, Deena, ”75-109 Intervention for High-Conflict Custody Cases” (2002) *2002 Family Law Update*: Chapter 3. Aspen Publishers Inc.
- Stacer, Deena, ”1-27 Innovative Approaches to Resolving High-Conflict Family Law Cases” (2003) *2003 Family Law Update*: Chapter 1. Aspen Publishers Inc.
- Stacer, Deena, ”345-373 My Experience Intervening as a Special Master in High Conflict Custody Cases” (2004) *2004 Family Law Update*: Chapter 9. Aspen Publishers Inc.
- Stacer, Deena, ”33-57 High Conflict Custody Intervention Strategies that Work” (2006) *2006 Family Law Update*: Chapter 2. Aspen Publishers Inc.
- Stacer, Deena, ”1-56 Empowering Children in High Conflict Custody Cases” (2007) *2007 Family Law Update*: Chapter 1. Aspen Publishers Inc.
- Stacer, Deena, ”69-96 Understanding and Identifying Difficult Parents in High Conflict Custody Cases” (2008) *2008 Family Law Update*: Chapter 3. Aspen Publishers Inc.
- Stacer, Deena, ”25-46 It Takes Only One Parent to End the Conflict High Conflict Custody” (2009) *2009 Family Law Update*: Chapter 2. Aspen Publishers Inc.
- Stacer, Deena, ”222-250 Custody is Won in the Head and Heart, not in the Courtroom: High Conflict Case Studies and Commentaries” (2010) *2010 Family Law Update*: Chapter 6. Wolters Kluwer Law & Business.
- Dec. 2002 Vision Magazine “Origins of Christmas Traditions”
- Feb. 2002 Vision Magazine “Marrying for Love”
- March 2001-2002 Ranch Bernardo Sun and Diamond Gateway Signature articles on Relationships and Stress Reduction.
- Sept 2000 Intervention for High Conflict Couples and Their New Mates
(stepfamily conflict)
- High-Conflict Divorce Solutions: Parenting Coordination as an Innovative Co-Parenting Intervention
<http://citeseerx.ist.psu.edu/viewdoc/download?doi=10.1.1.856.9045&rep=rep1&type=pdf>

WEBSITES/ARTICLE REFERRING TO MY CONTENT

<https://www.separatedparentsaustralia.com.au/co-parenting-videos> (Australia)

<https://www.slideshare.net/drdeena/parallel-parenting-outline-1-114-slideshare>
<https://bit.ly/33IYzNk> (Univ Nebraska-Lincoln) Successful Transitions for High Conflict Families

<https://www.harrymotro.com/co-parenting> Coparenting Counselor Harry Motro
<https://bit.ly/3co9jEH> Reforming the System to Protect Children in High Conflict Custody Cases Mitchell Hamline School of Law

E-BOOKS/WORKBOOKS FOR PRESENTATIONS

2020	E-Book-How to “Ex” Communicate- Strategies to help coparenting stop the fight.
2020	E-Book-Coparenting Secrets-7 Secrets to End Coparenting Conflict
2020	E-Book-Stringing Pearls With Your Children-
2020	E-Book-Gold Medal Parenting-Raising Emotionally Intelligent and Resilient Children
1998-2016	High Conflict Intervention and Coparenting Workbook for Parents
1999-2010	High Conflict Intervention Strategies for Professionals
1999-2000	Creating Healthy Relationships for the Romantically Challenged
1997-2000	Successful Stepfamily Strategies
1989-1998	Positive Discipline for: Childcare Professionals, Parents, Teachers
1999-2000	Stress and Anger Management Strategies
1998-1999	101 Ways to Parent- Without Guilt
1996-1998	Team Building Strategies for: Teachers, Professionals, Student Leaders
1986-1995	Self-Esteem, A Family Affair
1994-2000	Making Memories with your children/Making Memories with Children in Childcare

ARTICLES

Written over 125 articles on topics ranging from stress & anger management, positive discipline, self-esteem for the family, stepfamily dynamics, child growth & development; divorce & mediation strategies, emotional impact of moving, buying and selling.

ONLINE

High Conflict Intervention, Coparenting and Parallel Parenting Classes online. 24 hours of content online. Classes located at ParentsInConflict.com and CoparentingSecrets.com

PROFESSIONAL ORGANIZATIONS

2018-present	Business Builder’s Networking Group (BBN) (President 2019-present)
2009-present	Rancho Santa Fe Business and Professional Women Association (President 2013-2016)
2013-2014	American Businesswomen’s Association
2013-present	Leads Club International (President: 2013-2015, 2017-2018, 2019-2021)

2009-2014	Big Ask Strategies (265 meetups meetings)
2006-2010	Business Network International (Networking Organization) (President 2008)
1993-1998	National Speakers Association and SD Chapter, Past Board Member
1997-2004	Stepfamily Association of American, National Board Member
1989-1995	Association of California School Administrators
1986-1999	California Council of Adult Educators

ADDITIONAL WEBSITES AND SOCIAL MEDIA

Website <https://www.doctordeena.com/coparenting-secrets-course> ([CoparentingSecrets.com](https://www.coparentingsecrets.com))
Coparenting YouTube- <http://www.youtube.com/user/ParentsInConflict>
Facebook -www.facebook.com/drdeenastacer
LinkedIn- www.linkedin.com/in/drdeenastacer
Twitter- [www.https://twitter.com/DeenaStacer](https://twitter.com/DeenaStacer)
Real Estate Broker: <https://drdeenahomes.com/> Stacer Realty
Real Estate You Tube- <https://www.youtube.com/channel/UC1Hpi-gSJd2rcZ1kUxUqQmA>

PERSONAL INFORMATION

Mother of three grown children (twin daughters and son, and two stepchildren). Grandmother of two grandchildren. Married to Jefferson L. Stacer, certified family law specialist attorney, California State Board of Legal Specialization. Content creator for conflictual coparents and professionals working with conflictual coparents teaching scripts, stories, strategies, and skills to end conflict and raise happy, resilience well-adjusted children. Love to create educational content through videos. Real Estate Broker (Stacer Realty) often work with families in transition, seniors downsizing, aging out of home, and divorcing.

I love to travel, hang out with my grandchildren, build ongoing friendships with high quality referral sources, I love historic homes and collecting vintage items. I read voraciously. I am also teaching AI courses and using AI programs to develop ongoing courses to assist families in conflict and entrepreneurs the skills to reach their highest potential in life and business. My new project is to develop Breakthrough Strategies for success in business and life, using my extensive experience and skill and AI.

Another fun opportunity is that I am currently working as a Mindset Coach with a young female athlete who has the potential to become a Gold Medalist gymnast in four years.